



WOMEN'S CONDITIONING WEAR

Weight - lbs

Height	95	100	105	110	115	120	125	130	135	140	145	150	155	160	165	170	175	180	185	190	195	Height	
5'0"		XS	XS	XS	XS	XS	XS																152 cm
5'1"	XS	XS	XS	XS	XS	XS	XS	XS	XS	XS	XS	XS	XS	XS	XS	XS	XS	XS	XS	XS	XS	XS	155 cm
5'2"	XS	XS	XS	XS	XS	XS	XS	XS	XS	XS	XS	XS	XS	XS	XS	XS	XS	XS	XS	XS	XS	XS	157 cm
5'3"	XS	XS	XS	XS	XS	XS	XS	XS	XS	XS	XS	XS	XS	XS	XS	XS	XS	XS	XS	XS	XS	XS	160 cm
5'4"	XS			S	S	S	S	S	S	S	S	S	S	S	S	S	S	S	S	S	S	S	163 cm
5'5"				S	S	S	S	S	S	S	S	S	S	S	S	S	S	S	S	S	S	S	165 cm
5'6"				S	S	S	S	S	S	S	S	S	S	S	S	S	S	S	S	S	S	S	168 cm
5'7"				S	S	S	S	S	S	S	S	S	S	S	S	S	S	S	S	S	S	S	170 cm
5'8"				S																			173 cm
5'9"																							175 cm
5'10"																							178 cm
5'11"																							180 cm
	43	45	48	50	52	54	57	59	61	64	66	68	70	73	75	77	79	81	83	86	88		

Weight - kg

This size chart is a guide only. Please note every individual has unique fit needs and should use her own discretion accordingly. CW-X® Conditioning Wear® should fit tight yet comfortable for best performance. If your height and weight combination falls in the grey area, you may prefer the next larger size.